

SHE EXPO

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The annual SHE Expo brings together local women, families, community-based health organizations and medical professionals with fitness, beauty and wellness experts — all to help women make better decisions about their health, wellness, lifestyles and beauty.

Held at The Venues at Ogeechee Technical College, the 9 a.m.–1 p.m. event provides women information on health issues and available services and resources, as well as free health screenings, samples, makeovers and demonstrations from beauty, health and fitness professionals. The day is full of door prizes and informational sessions, contests, food trucks, vendors and more.

The 2022 expo is set for Aug. 20.